

INTERNATIONAL CONFERENCE

SPORTISM: A Transdisciplinary Approach to the Application of Physical Activity in the Treatment and Inclusion of Children with Autism
Novi Sad, Serbia, 24.10.2025.



Presentation of the **E-diary**

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What is the E-Training Diary

- A digital platform developed within the SPORTISM project
- Designed to **monitor children's motor development** over time
- Focused on **balance, coordination, and general physical activity**
- Enables cooperation between **professionals, trainers, and parents**
- Supports **individualised and data-driven training** for each child



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Why It Matters

- Provides structured and consistent **tracking of progress**
- Promotes communication and transparency **between parents and professionals**
- Helps **adapt training intensity and goals** based on real data
- Encourages **motivation and continuity** in children's sport participation
- Strengthens the **multidisciplinary approach** (teachers, coaches, therapists, parents)



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Main Features

- Individual digital **profiles for each child**
- Sections for **assessment, observation, and notes**
- **Progress overviews** showing improvement over time
- **Accessible in multiple languages**
- Linked to SPORTISM video library and manuals
- Available for **desktop and mobile** use



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Benefits for Users

For Professionals:

- Simplifies documentation and evaluation
- Supports planning and adjustment of training sessions

For Parents:

- Gives insight into their child's functioning and progress
- Encourages involvement in physical activity at home

For Children:

- Visual feedback and motivation to stay active



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Future Use & Sustainability

- E-Diary remains an **open, free online tool** after project completion
- Can be used by schools, sports clubs, and therapy centres
- Serves as a **model for inclusive digital monitoring** in sport
- Partners will continue updating and promoting the tool in their countries



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GO TO THE E-TRAINING DIARY



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